



Support & cheering squad

Cancer also affects the people around

Cancer affects not only the patient, but also all the people around them. Both the patient's family and close relatives, but also other relationships such as colleagues.

Standing on the sidelines is hard

As a colleague of a person with cancer, or another critically ill person/crisis victim, it can be difficult to stand on the sidelines and not be able to do anything.

- Emotions such as powerlessness and paralysis of action are not abnormal.
- If your colleague wants to share knowledge about his situation, it will be easier for you to be a teammate.

Demystification for managers and colleagues

- Ignorance and past experiences can set many thoughts and speculations in motion.
- Knowledge of your colleague's situation, treatment and prospects can demystify many things and create a better understanding.
- Feel free to ask your colleague, but respect if he or she does not want to share the information with you.

Be open and show your care

- Openness is an advantage for both parties.
- If in doubt, ask. Of course, you have to accept if your colleague does not want to talk today.
- Openness and closeness help to reduce anxiety.

Please do ask, but stick to the facts

- There is a sea of good advice and suggestions for miracle cures. But when it comes to cancer, there is no quick fix.
- Feel free to ask your colleague with interest, but stick to the facts and do not suggest non-evidence-based solutions.

A good advice

Know that with our knowledge and research, there is great hope when it comes to cancer. At the same time, there is also hope in everything we do not know about cancer. The fate of the individual is not fully established - there is hope.